



PSORIATIC ARTHRITIS IN THE UK; THE FACTS

A SIGNIFICANT AND DISTINCT ISSUE FOR THE UK

PSORIATIC ARTHRITIS CAN BE LIFE-CHANGING

It's a long-term condition that considerably impacts patients' quality of life.

A study has shown that people living with Psoriatic Arthritis (PsA) experience significant disease-specific distress.¹

APPROXIMATELY 200,000 PEOPLE IN THE UK MAY BE AFFECTED²

PsA affects between 0.1 - 0.3% of the population.³



APPROXIMATELY **5,600** IN NORTHERN IRELAND²

AROUND **20,000** PEOPLE IN SCOTLAND⁴

AROUND **174,000** PEOPLE IN ENGLAND AND WALES²

PsA IS A DIVERSE AND COMPLEX DISEASE

CHARACTERISED BY UP TO SIX DIFFERENT 'DOMAINS'⁵



Peripheral arthritis

Swelling, pain and/or stiffness in the joints in the hands, feet, wrists, knees and/or ankles.



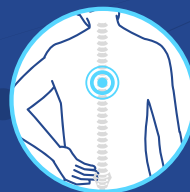
Enthesitis

Swelling, pain and/or stiffness where tendons connect to the bone.



Dactylitis

The swelling of a whole finger and/or toe.



Axial disease

Pain and/or stiffness in the joints of the spine and/or buttock region.



Psoriasis

A condition which causes dry, red, crusty skin patches and chronic itch.



Nail disease

Dents, discolouration and/or abnormal nail growth.

WHERE EACH PATIENT IS UNIQUE

Presenting with their own combination of the six domains.

IT CAN BE CHALLENGING TO DIAGNOSE

EARLY DIAGNOSIS IS VITAL TO MINIMISE IRREVERSIBLE JOINT DAMAGE

PsA is acknowledged to be **underdiagnosed in primary care** and challenging to distinguish from Rheumatoid Arthritis (RA).⁶

Patients with PsA experience a **significantly longer time to diagnosis** than those with RA.⁷

DATA SUGGEST THAT BETWEEN 10-15% OF CASES OF PsA REMAIN UNDIAGNOSED⁸

In one multinational assessment, **59%** of diagnosed patients were receiving no treatment, or topical treatment only.⁹

CORRECT MANAGEMENT REALLY MATTERS

NO ACTION = RISK OF PERMANENT DAMAGE

In severe cases there is a risk of joints becoming permanently damaged or deformed and requiring surgery.¹⁰

Even a 6-month delay from symptom onset to the first visit with a rheumatologist contributes to the development of peripheral joint erosions and worse disease complications.¹¹

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